

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

March 2019

Spring is the perfect time to turn over a new leaf.

<p>10:00 Music Therapy</p> <p>2:00 Movie Time</p>						<p>1</p> <p>10:30 Exercise</p> <p>2:00 Bingo</p>
<p>3</p> <p>10:30 Hymn Sing</p> <p>2:00 Craft</p>	<p>4</p> <p>9:45 S.A.I.L Exercise</p> <p>10:30 Coffee Chat</p> <p>2:00 Table Games</p>	<p>5</p> <p>9:45 S.A.I.L Exercise</p> <p>10:30 Chair Exercise</p> <p>2:00 Gallery Project</p> <p><small>Mardi Gras</small></p>	<p>6</p> <p>9:45 S.A.I.L Exercise</p> <p>10:30 Resident Council</p> <p>*6:00 Knit n' Knatter*</p> <p><small>Ash Wednesday</small></p>	<p>7</p> <p>9:45 S.A.I.L Exercise</p> <p>10:30 Jeopardy</p> <p>2:00 Gallery Project</p>	<p>8</p> <p><i>Happy Birthday Hazel</i></p> <p>9:45 S.A.I.L Exercise</p> <p>10:30 Chair Exercise</p> <p>2:00 Trinity Church</p> <p>2:30 Bird Craft</p>	<p>9</p> <p>10:30 Trivia</p> <p>2:00 Bingo</p>
<p>10</p> <p>10:30 Chair Exercise</p> <p>2:00 Baking</p> <p><small>Daylight Saving Time Begins</small></p>	<p>11</p> <p>9:45 S.A.I.L Exercise</p> <p>10:30 Cranium Crunches</p> <p>2:00 Gallery Project</p>	<p>12</p> <p><i>Happy B-day Jackie</i></p> <p>9:45 S.A.I.L Exercise</p> <p>10:30 Coffee Chat</p> <p>2:00 Gallery Project</p>	<p>13</p> <p>10:00 Yoga with Jane</p> <p>*6:00 Knit n' Knatter*</p>	<p>14</p> <p><i>Grace and Mary B-Day</i></p> <p>9:45 S.A.I.L Exercise</p> <p>10:30 Coffee Chat</p> <p>2:00 Bab's and Jim</p>	<p>15</p> <p>10:00 Music Therapy</p> <p>2:00 St.Patty's Bingo</p>	<p>16</p> 
<p>17</p>  <p><small>St. Patrick's Day</small></p>	<p>18</p> <p><i>Happy Birthday Bill G</i></p> <p>9:45 S.A.I.L Exercise</p> <p>10:30 Exercise</p> <p>2:00 Bingo</p>	<p>19</p> <p>9:45 S.A.I.L Exercise</p> <p>10:30 Puzzle Time</p> <p>2:00 Table Games</p>	<p>20</p> <p>9:45 S.A.I.L Exercise</p> <p>10:30 Chair Exercise</p> <p>2:00 Memorial Tea</p> <p>*6:00 Knit n' Knatter*</p> <p><small>Spring Begins</small></p>	<p>21</p> <p>9:45 S.A.I.L Exercise</p> <p>10:30 EZ Does It</p> <p>2:00 Sounds of Switzerland</p> <p><small>Purim</small></p>	<p>22</p> <p>9:45 S.A.I.L Exercise</p> <p>10:30 Coffee Chat</p> <p>2:00 Gallery Project</p>	<p>23</p> <p>10:30 Dixie Cup Day</p> <p>1-3 Art Opening at Rollin Art Centre</p>
<p>24</p> <p>10:30 You Be the Judge</p> <p>2:00 Bingo</p>	<p>25</p> <p>9:45 S.A.I.L Exercise</p> <p>10:30 Zumba</p> <p>1:30 AV Fiddlers</p>	<p>26</p> <p>9:45 S.A.I.L Exercise</p> <p>10:30 Caption This</p> <p>2:00 Darren Geddes</p>	<p>27</p> <p>10:00 Yoga with Jane</p> <p>2:00 Knit n' Knatter</p> <p>*6:00 Knit n' Knatter*</p>	<p>28</p> <p>9:45 S.A.I.L Exercise</p> <p>10:30 Notre Dame</p> <p>2:00 Table Games</p>	<p>29</p> 	<p>30</p> <p>10:30 Chair Exercise</p> <p>2:00 Bingo</p>
<p>31</p> <p>10:30 Puzzle Time</p> <p>2:00 Irish Folk sing-a-long</p>	<p><i>May the road rise up to meet you. May the wind always be at your back.</i></p> <p><i>~Irish Blessing</i></p>					

Please note that activities listed with an * are resident directed and no staff member will be present.