

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2019

*"Surely as cometh the Winter, I know there are Spring violets under the snow." ~ R. H. Newell*

1  
**10:00** Music Therapy  
**2:00** Arm Chair Traveler

2  
**10:30** Songs of the Heart Sing-a-long  
**2:00** Bingo  
Groundhog Day

3  
**10:30** Chair Exercise  
**2:00** Nerf Gun Target Shoot

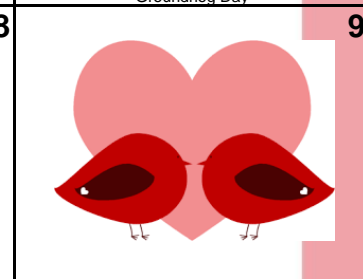
4  
**9:45** S.A.I.L Exercise  
**10:30** Jeopardy  
**2:00** Craft

5  
**9:45** S.A.I.L Exercise  
**10:30** Exercise  
**2:00** TBA  
Chinese New Year

6  
**9:45** S.A.I.L Exercise  
**10:30** Chopsticks Day  
**2:00** Knit n' Knatter  
**2:00** Gentlemen's Club

7  
**9:45** S.A.I.L Exercise  
**10:30** Chair Exercise  
**2:00** Bowling

8  
**9:45** S.A.I.L Exercise  
**10:30** Resident Council  
**2:00** Trinity Church



10  
**10:30** Cranium Crunches  
**2:00** Bingo

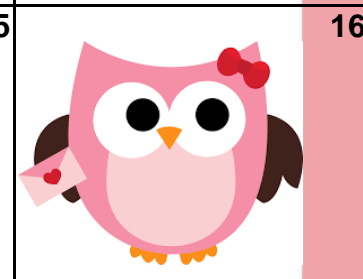
11  
**9:45** S.A.I.L Exercise  
**10:30** Simply Stretch  
**2:00** Craft


12  
**9:45** S.A.I.L Exercise  
**10:30** Valentine's Day Puzzles  
**2:00** Darren Geddes

13  
**10:00** Yoga with Jane

14  
**9:45** S.A.I.L Exercise  
**10:30** Decorating Cookies  
TBA 50's Sock-Hop  
Valentine's Day

15  
**10:00** Music Therapy  
**2:00** Bingo



17  
  
**9:45** S.A.I.L Exercise  
**10:30** Fittersitters  
**2:00** Gallery Project  
Presidents' Day (US)


18  
**9:45** S.A.I.L Exercise  
**10:30** Who am I?  
**1:30** Make Personal Pizza  
**2:30** Pizza Party


19  
**9:45** S.A.I.L Exercise  
**10:30** Sensory Jeopardy  
**2:00** Craft

20  
**9:45** S.A.I.L Exercise  
**10:30** Parachute Games  
**2:00** Tool Time

21  
**9:45** S.A.I.L Exercise  
**10:30** Coffee Chat  
**2:00** Arm Chair Traveler

22  
**9:45** S.A.I.L Exercise  
**10:30** Coffee Chat  
**2:00** Arm Chair Traveler

23  


24  
  
**9:45** S.A.I.L Exercise  
**10:30** Tai Chi  
**1:30** A.V. Fiddlers

25  
**9:45** S.A.I.L Exercise  
**10:30** Price is Right  
**1:30** Jim and Bab's Sing-a-long

26  
**9:45** S.A.I.L Exercise  
**10:30** Price is Right  
**1:30** Jim and Bab's Sing-a-long

27  
**Happy B-Day George**  
**10:00** Yoga with Jane

28  
**9:45** S.A.I.L Exercise  
**10:30** Notre Dame  
**2:00** Nature of Things

*"Love is not something you feel, it is something you do."  
~ David Wilkerson*