

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2018

They gave their tomorrows, to give us today. Lest we forget.



November Gemstone - Yellow Topaz

				9:45 S.A.I.L. Exercise 10:30 Referendum Info 2:00 Culture Corner: Mexico Day of the Dead	9:45 S.A.I.L. Exercise 10:00 Music Therapy 2:00 Wheel of Fortune	
10:30 Sittercise 2:00 Bingo Happy B-Day George P. <small>Daylight Saving Time Ends</small>	9:45 S.A.I.L. Exercise 10:30 Themed Puzzles 2:00 Curling Happy Birthday Ugenia	9:45 S.A.I.L. Exercise 10:30 Zumba 2:00 Melbourne Cup	9:45 S.A.I.L. Exercise 10:00 Diwali Craft 2:30 A.V. Cloggers	9:45 S.A.I.L. Exercise 10:30 Resident Council 2:00 Memorial Tea	9:45 S.A.I.L. Exercise 10:30 Fittersitters 2:00 Trinity Church	10:30 Puzzle Time 2:00 Bingo
2:00 Balloon Volley <small>Veterans Day (US) Remembrance Day (Canada)</small>		9:45 S.A.I.L. Exercise 10:30 Chair Dancing 2:00 Gallery Project	10:00 Yoga with Jane 2:00 Bowling	9:45 S.A.I.L. Exercise 10:30 Cranium Crunches 2:00 Craft Happy Birthday Lorraine	9:45 S.A.I.L. Exercise 10:00 Music Therapy 1:30 Peter Schroeder	10:30 Sittercise 2:00 Bingo
 November Flower - Chrysanthemum	9:45 S.A.I.L. Exercise 10:30 Tai Chi 2:00 Gentlemen's Club 2:00 Knit & Knatter	9:45 S.A.I.L. Exercise 10:30 Name that Tune 2:00 Darren Geddes	9:45 S.A.I.L. Exercise 10:30 Simply Stretch 2:00 Movie	9:45 S.A.I.L. Exercise 10:30 Jeopardy 2:00 Jim & Bab's <small>Thanksgiving Day (US)</small>	9:45 S.A.I.L. Exercise 10:30 Fittersitters 2:00 Appy Hour	10:30 Travelogue: In Search of Queen Sheba 2:00 Bingo
10:30 Sittercise 2:00 Gallery Project	9:45 S.A.I.L. Exercise 10:00 X-mas Craft 1:30 A.V. Fiddlers	9:45 S.A.I.L. Exercise 10:30 Coffee Chat	10:00 Yoga with Jane 2:00 Table Games Happy Birthday Debbie	9:45 S.A.I.L. Exercise 10:30 Sensory Jeopardy 2:00 X-mas Cards Happy Birthday Rosalia	9:45 S.A.I.L. Exercise 10:30 Chair Dancing 2:00 Funny Videos	

